

**Ernest Bevin – Spring Summer Lunch Menu 2024**  
**Week 1**

| <b>Meat Free Monday</b>  | <b>Tuesday</b>   | <b>Wednesday</b>                                  | <b>Thursday</b>  | <b>Friday</b>                           |
|--|--|---|--|---|
| Italian Style Tomato & Herb Sauce with Penne Pasta & Garlic & Herb Bread | Themed Food Bar:<br><b>BBQ Style</b>   | Jamaican Beef Pie Served with Herbed New Potatoes | Themed Food Bar:<br><b>Chinese Style</b>                               | Battered Fish with Chips & Tomato Sauce |
| Vegetarian Sausage Roll Served with Potato Salad                         | Smoky BBQ Style Chicken  | Sweet Potato & Three Bean Chilli Served with Rice | Sweet Chilli Chicken Stir Fry  | American Style Tomato & Macaroni Bake   |
|  | Chickpea & Herb No Meatballs with BBQ Style Sauce                                      |   | Kung Pao Chickpea, Cauliflower & Sweet Pepper                          |   |
| <b>Jollof Rice Pot</b>   | Chicken Sausage in a Hot Dog Roll  | <b>Macaroni Cheese Pot</b>                        | Chinese Style Vegetable Curry  | <b>Chilli Beef &amp; Rice Pot</b>       |
| Roasted Butternut Squash Green Beans                                     | <b>Accompaniments:</b><br>Spiced Potato Wedges, Crunchy Lettuce, Coleslaw, Street Corn | Stir Fried Cabbage Glazed Carrots                 | <b>Accompaniments:</b><br>Lemon Rice Chinese Cabbage & Carrot Stir Fry | Peas Baked Beans                        |
| Chocolate Sponge with Chocolate Sauce                                    | Lemon Shortbread   | Carrot & Orange Cake                              | Apple Crumble with Custard   | Mixed Berry Oat Bar                     |

## Ernest Bevin Spring Summer Lunch Menu 2024

### Week 2

| Meat Free Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |
|--|--|---|--|--|
| Macaroni Cheese<br>with Tomato & Basil<br>Focaccia Style Bread | Themed Food Bar:<br><b>Taco Tuesday</b>  | Chicken Sausages Served<br>with Mashed Potato &<br>Gravy      | Themed Food Bar:<br><b>Pasta Bar</b>   | Battered Fish<br>with Chips<br>& Tomato Sauce              |
| Moroccan Style Roast<br>Vegetable Tagine<br>with Couscous      | Chilli Beef Taco   | Cheese & Leek Slice<br>Served with<br>Herb Roast New Potatoes | Beef Bolognese   | Wholemeal Spinach &<br>Cheddar Quiche Served<br>with Chips |
|  | BBQ Style<br>Chicken & Black Bean<br>Taco  |   | Chicken, Tomato & Herbs  |  |
| Vegetable Chow Mein<br>Noodle Pot                              | Chilli Bean Taco   | Tomato & Basil Pasta Pot                                      | Spinach & Mushroom<br>Alfredo Style Sauce  | Sweet Chilli Chicken<br>Noodle Pot                         |
| Garlic Green Beans<br>Carrots                                  | <b>Accompaniments &amp;<br/>Toppings:</b><br>Mexican Style Rice,<br>Sweetcorn & Red Pepper,<br>Sour Cream,<br>Tomato Salsa | Broccoli<br>Roast Butternut Squash                            | <b>Accompaniments:</b><br>Penne or Fusilli Pasta<br>Italian Style Salad<br>Oven Roast Courgettes<br>& Tomatoes | Baked Beans<br>Peas  |
| Citrus Sponge<br>With Custard                                  | Chocolate & Vanilla<br>Shortbread  | Peach & Sultana Flapjack                                      | Berry Swirl Sponge with<br>Custard   | Fresh Fruit Salad  |

**Ernest Bevin Academy Spring Summer Lunch Menu 2024**  
**Week 3**

| <b>Meat Free Monday</b>   | <b>Tuesday</b>   | <b>Wednesday</b>   | <b>Thursday</b>  | <b>Friday</b>                                 |
|---|--|--|--|---|
| Chilli Bean Wrap<br>Served with Rice<br>& Sweetcorn Salsa             | Themed Food Bar:<br><b>Pizza Bar</b>   | Mexican Style Beef Wrap<br>with Sweetcorn Salsa &<br>Rice              | Themed Food Bar:<br><b>Curry Bar</b>   | Battered Fish<br>with Chips<br>& Tomato Sauce |
| Cheese & Chive<br>Pasta<br>Served with a<br>Mediterranean Style Salad | Cajun Chicken<br>& Sweet Pepper  | Spring Vegetable Cottage<br>Pie Served with<br>Caramelised Onion Gravy | Chicken Tikka Masala<br><b>Wheat, Milk</b>   | Vegetarian Empanada<br>Served with Chips      |
|   | Margherita   |  | Beef Keema   |   |
| Thai Style Vegetable<br>Noodle Pot                                    | Texan Style BBQ Beef   | Jambalaya Rice Pot   | Sweet Potato & Chickpea<br>Korma   | Macaroni Cheese Pot                           |
| Broccoli<br>Sweetcorn   | <b>Accompaniments</b><br>Chef's Salad,<br>New Potato Salad,<br>Mediterranean Style<br>Roast Vegetables | Carrots<br>Peas  | <b>Accompaniments:</b><br>Pilau Rice,<br>Naan Style Bread,<br>Spiced Roast Cauliflower<br>Kachumber Salad, Raita | Peas<br>Baked Beans                           |
| Banana Cake   | Chocolate & Orange<br>Shortbread   | Lemon Sponge<br>With Custard   | Apple & Cinnamon Oat Bar   | Red Velvet Cake<br>With Chocolate Sauce       |