

Dear Parents and Carers,

As we come to the end of another successful term, I want to take a moment to reflect on all that we have accomplished together. It has been a fantastic Spring Term filled with exciting visits, memorable events

and remarkable sporting achievements. As we head into the holidays, I encourage everyone to take some well-deserved time to relax, recharge, and reflect on our goals for the future, especially our Year 13 students and Purple Ties who are gearing up for their upcoming exams.

Additionally, it is important to note that our Year 13s and Purple Ties should start preparing for their exams during the upcoming holidays. With exams starting in May, adequate preparation during this time will go a long way in alleviating stress and anxiety.

This term, we also had the pleasure of welcoming new Year 6 parents at our Information Event. It was wonderful to see so many new and returning families. We look forward to welcoming our new Purple Ties this September. Spring Term | Wednesday 27th March 2024

We also bid farewell to Mr. Dapaah and Mr. Runsewe. Mr. Dapaah, a longstanding member and former student, has made invaluable contributions to our school community. We extend our deepest gratitude to him for his dedication and commitment. To both Mr. Dapaah and Mr. Runsewe, we offer our warmest wishes as they embark upon new adventures.

I am delighted to welcome back Ms. Begg as our English Teacher. Her passion for teaching and commitment to our students make her a great addition to our team. I also extend a warm welcome to Mr. Choudhury as our new Maths Teacher.

As we look ahead to the next term, let us continue to strive for excellence, support one another and embrace new opportunities for growth and success. Wishing you all a restful and enjoyable holiday. See you refreshed and ready to tackle new challenges in the Summer Term!

Ms Dohel, Principal

Key Dates

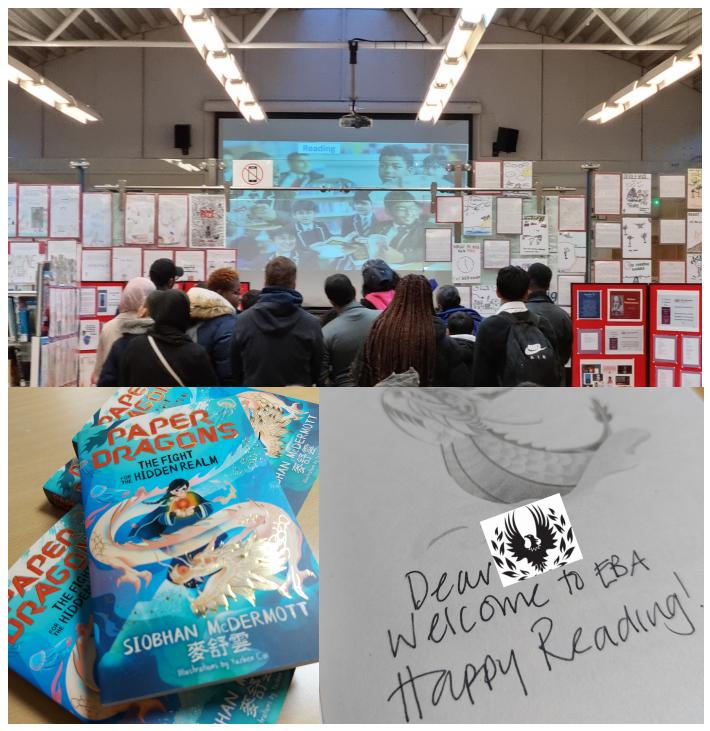
15th April: Summer Term Starts 25th April: Year 7 Parents' Evening 25th April: Junior Maths Challenge

6th May: May Bank Holiday - School closed

8th May: SEND Afternoon Tea

School News

Year 6 Welcome Event



What a delightful event our Year 6 Information Event turned out to be! Our new intake was warmly welcomed with a tour of the school, allowing them to familiarise themselves with their future learning environment. Each student received a book from the Principal, symbolising the beginning of their journey at Ernest Bevin Academy. It was a memorable experience for everyone involved, setting a positive tone for the exciting transition ahead. A big thank you to all who helped at this event.

Universify Programme

Universify is a programme that believes universities should be open to anyone with academic potential regardless of their background. The year-long programme works to equip Year 11 students from non-selective state schools with the grades, aspirations and knowledge to successfully apply to



higly selective universities. Our Purple Tie student, Gavin-Lee attended a residential weekend.

"As a participant of the Universify programme, I am inclined to say that it was one of the best opportunities that I have received in terms of further education opportunities and social networking. The course included lectures from Oxford's esteemed professors and helped me to network with them, some of who I still managed to retain contact with. Additionally, they offer the opportunity to volunteer once you're 18 after completing the course to develop essential technical skills like communication, management etc. Skills that are essential for future employment. During the final part of the course, I was able to not only receive additional support from the professors but also enjoy the city of Oxford where I visited Westgate shopping centre and St. John's print, home of the Oxford dictionary. I was also privileged enough to receive taster classes where I was taught the basics of university level courses by the professors."

Gavin-Lee, Purple Tie.

EAL Open Morning

This month we hosted an EAL (English as an Additional Language) Open Morning. Parents were able to meet with EAL staff and see how we can support students and families whose first language may not be English. This gathering provided an invaluable opportunity for parents to connect with each other, share experiences and access resources aimed at enhancing their children's educational journey.



Student Stars



















Congratulations Best Uniform | 100% Attendance

We expect all our students to be dressed smartly.

We would like to celebrate the following who have received best uniform awards this month:

We expect 100% attendance for all our students to help them attain their best results at school. We would like to celebrate the following who have received 100% attendance awards this month:







Kamari Year 9, Armand Year 10 & Yaseen Year 7

Staff Stars



















This month our HR Officer Ms. Cessay was honoured to be invited to serve as a flag bearer representing her home country, Gambia at this year's annual Commonwealth ceremony. Commonwealth Day (held on the second Monday of March) has been marked every year since the 1970s and the service this year was attended by the members of the royal family, including Her Majesty The Queen and His Royal Highness The Prince of Wales while a recording of a message from His Majesty The King played. Congratulations to Ms. Cessay for this remarkable achievement.



Request

The Eco-team still needs milk bottles to be able to build an igloo. Please send us your 2 litre milk bottles washed and complete with lids once you have used them.





Fundraising



This is the final year for our Purple Ties and they are continuing to fundraise for their graduation. If you are able to help please use the QR Code or click <u>link</u>

Thank you!



Community Focus The policy of the policy of

Ernest Bevin Academy recently received two extra defibrillators and recognising the critical need for these life-saving devices in our community, we made the decision to donate them to the London Ambulance Service. Thank you to Sarah, a paramedic and community resuscitation trainer in the First Responder Department and our Health Care Coordinator, Ms. Ngombo who organised this donation. We are very fortunate to have had our own defibrillator for several years.

International Piano Day

Tuesday, marked International Piano Day and at Ernest Bevin Academy, we are proud to showcase the incredible talents of our students who excel in playing the piano. Throughout break and lunch, the school resonated with the beautiful sounds emanating from the piano as our talented students took centre stage. Eager listeners gathered around, captivated by the melodies, while some even took the opportunity to try their hand at the piano themselves. Thank you to Mr. Phillips for overseeing this event.



Trips

Globe Theatre





On Friday 8th March, Mr Kilner took 30 Year 7 students to The Globe to watch Romeo and Juliet. For many involved, this was a series of 'firsts' - first time at a theatre, first time watching Shakespeare, first time on a trip with Ernest Bevin Academy. The day was amazing, and all students thoroughly enjoyed the show.

"On Friday we went to The Globe.
The thing I liked the most was
watching the performance because
it was so exciting and thrillng. It was
good when I saw the acting skills
that we have used in Drama."
Zaki, Yellow Tie.

"When we went to The Globe the thing I liked most was the start of the show because it was really entertaining and fun to watch. (I also liked lunchtime)." Romeiro, Yellow Tie.

Young Coders Competition 2024

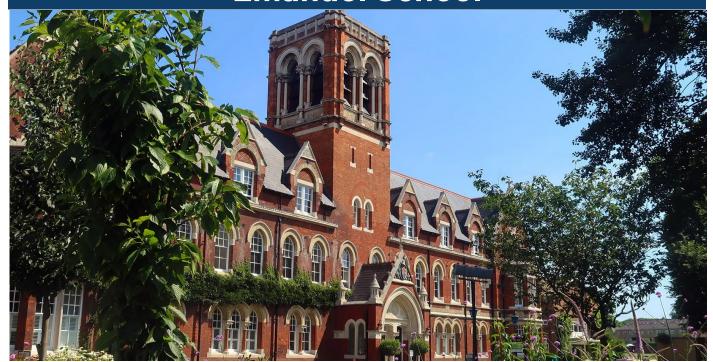


Year 7 & 8 Attendace Awards



Careers

Emanuel School



"Last week I went on a trip to Emanuel school for the Emanuel school careers event. I had the opportunity to listen to and talk with many people who were experienced in the field of finance, from some who had just graduated from university and had entered the field to others who had been working in it for many years. One of the most important things I learnt was that the subject you take in university doesn't have to link directly to the career field you pursue after you graduate.

Evidently, from the three people I had spoken to, none of them had a degree in finance but rather Physics, French and History and Geography. I even received a business card from an Assistant Banking Manager, who I could perhaps call for work experience.

Overall, I would say the event was extremely helpful and has boosted my confidence for my future application to university and even my career." Deno, Year 12

UCAS Discovery London 2024

Last week our Sixth Form travelled to the ExCel centre to attend UCAS Discovery London.

UCAS Discovery days bring together HE providers, employers and commercial brands to provide students with a wealth of opportunities to assist with their future decision making. Students can find out about traditional degrees, apprenticeships, careers and much more. Exhibitors have the opportunity to communicate face-to-face during this crucial part of our students journey.

It was a really informative day and our students took advantage of the many oppportunites on offer for life after EBA. Thanks to Mr Scrimshaw and Mr Sweeny for organising and escorting.

"On 19th of March, a trip was organised by our school to go to UCAS Discovery at the Excel centre. The place was huge with a lot of representatives from big universities like Imperial, Queen Mary, Greenwich, Westminster and Brunel. There were also very good apprenticeship opportunities for example with Dyson and the Royal Air Force. The event was very informative and well organised, we were given leaflets and QR codes which give us information about the course we wanted to do and other courses that are available and the grades that are needed to enter the university or apprenticeship. Overall, the event lasted for 2 hours, I learnt a lot about the different courses and jobs that are available to me. This event made my choices clear and the grades that I need to achieve to do the courses that I want to do." Ali, Year 12.



"On 19th of March, we attended the UCAS discovery event at the ExCel Centre. Throughout the event, I had the opportunity to engage in insightful conversations with university representatives. The event was well organised and very informative. The firsthand knowledge that I gained from this event about career choices and pathways has honestly helped me navigate one of the steps I need to take to pursue my goal of studying at a university. Overall, the trip to the ExCel Centre was a rewarding experience that has left me feeling inspired and motivated." Muhammad, Year 13

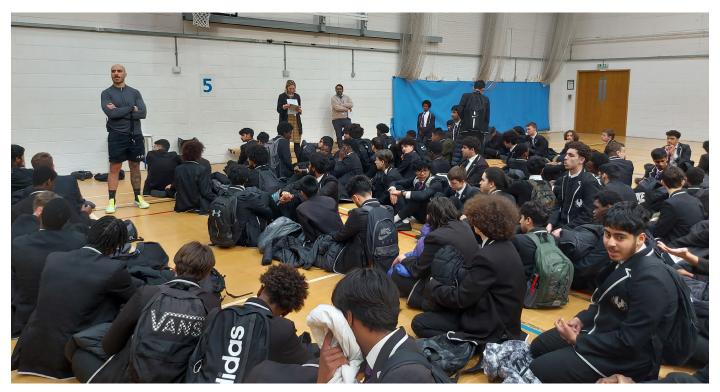
Student Council

This month, our Student Council had a productive meeting with Ms. Lamptey. Among the topics discussed were what improvements our students would like to see at EBA and the aspects of our school that we are currently excelling in. These discussions are invaluable in providing student perspectives and input into the ongoing development and enhancement of our school community.



Purple Ties Mock Results

This month, our Purple Ties received their mock results. Last Friday, they gathered in the Sports Hall to review and discuss their performance. It was an important moment for them to reflect on their progress and areas for improvement as they prepare for their upcoming exams.



Exams Focus - Managing Stress

This month we continue our exam focus, helping our students prepare for exams.

Managing stress during exams is crucial for maintaining focus and performing your best. Here are some strategies:

Plan and Organise: Create a study schedule that breaks down your study material into manageable chunks. Having a clear plan can reduce feelings of overwhelm.

Practice Mindfulness and Relaxation Techniques: Incorporate mindfulness, deep breathing, meditation, or progressive muscle relaxation into your daily routine to reduce stress and promote relaxation.

Stay Active: Regular physical activity can help reduce stress levels. Take short breaks during study sessions to go for a walk, stretch, or engage in some form of exercise.

Healthy Lifestyle Choices: Maintain a balanced diet, stay hydrated and get enough sleep. Avoid excessive caffeine and sugar, as they can exacerbate feelings of anxiety.

Avoid Procrastination: Start studying well in advance to avoid last-minute cramming, which can increase stress levels. Break tasks into smaller, more manageable steps and tackle them one at a time.

Stay Connected: Reach out to friends, family, or classmates for support. Talking about your feelings and sharing concerns can help alleviate stress.

Practice Self-Care: Make time for activities you enjoy, such as reading, listening to music, or spending time outdoors. Engaging in hobbies can provide a much-needed break from studying.

Positive Self-Talk: Challenge negative thoughts and replace them with positive affirmations. Remind yourself of your capabilities and past successes.

Use Relaxation Techniques: Practice visualisation or guided imagery to imagine yourself succeeding in your exams. This can help reduce anxiety and build confidence.

Seek Help if Needed: If you're feeling overwhelmed or struggling to cope with stress, do not hesitate to seek support from a teacher, school counsellor, or mental health professional.

Remember, it is normal to feel stressed during exams, but by implementing these strategies, you can effectively manage your stress levels and perform at your best.

BEAT EXAM STRESS



Get Regular Sleep & don't start a new topic close to bed time as it increases anxiety. End your day by revising the topics done during the day.



Avoid Negative vibes by discussing & comparing with your friends on who is "ahead". Turn off your communication devices and engage in some family time.



Break your whole syllabus into smaller parts and make a plan to study it effectively. Treat yourself after every considerable milestone.



Don't avoid topics you dislike. Instead try to study them in the morning with a fresh mind. Try different techniques and find what is best suitable for you.

Move around a bit. Light exercise and yoga can help you keep your mind focused. Deep breathing will reduce anxiety and stress and relax your body muscles.





Give importance to right nutrition. Include healthy & brain foods like almonds, walnuts, fresh fruits and juices. They are filling won't make you sleepy.



How to Meditate

Close your eyes and focus your attention on your breathing. If your mind wanders to different thoughts remember to bring yourself back to concentrating on your breaths. It will take practice to stop your mind wandering. So it's fine if you don't focus 100% on the first few tries.



Five-step study plan

by @KateJones_teach & @Inner_Drive | innerdrive.co.uk

Make a list - What do you need to know?



Timetable a spaced schedule Study each topic little but often,
and leave yourself enough time.



Use effective study strategies Test yourself and keep the re-reading and highlighting to a minimum.



Identify the gaps in your knowledge.
What do you need to study more?
What can you move on from?



Close the gaps - Repeat steps 3 & 4 as many times as you need until you are comfortable with everything.





- 1. SKIPPING DINNER
- 2. HAVING TOO MUCH CAFFEINE
- 3. RE-READING OVER YOUR NOTES
- 4. CRAMMING LAST-MINUTE STUDYING
- **5. STAYING UP LATE REVISING**

Extra Curricular - CCF

On Sunday 17th March, our Royal Marines Cadets took part in a navigation exercise in the Surrey Hills near Guildford. Mr Kay and Mr Riches accompanied the cadets on a four hour hike, with cadets working in pairs to navigate their way around a circular route. Cadets had been trained in map reading over the three weeks leading up to the trip - which was then an opportunity to put that training into action.

Aside from the mathematical techniques of map reading, the route visited the sites of a Roman road, an Anglo-Saxon hill fort, a Victorian Well and buildings created as long ago at the 1640s - allowing for a wide range of cross-curricular conversations. The route was arduous and tested the physical fitness of all participants. The weather started a little wet but soon dried up and the sun shone on the end of the trip and the journey back to school.

Year 8 and 9 students who wish to join the cadets will be able to apply for a place at the start of the summer term in April and May.



Sports Round-up

This week the PE department hosted an inter-tutor group basketball tournament for Yellow, Blue and Red Ties.





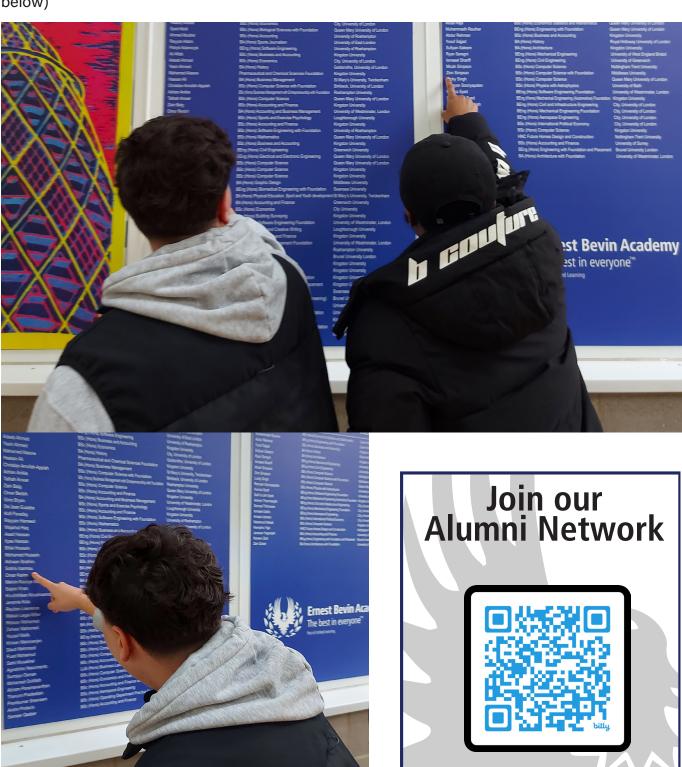
Extra Curricular - Table Tennis



Well done to our Yellow and Blue Ties for winning the Alan Sherwood Cup for boys in Years 7 & 8

Alumni Visit

Wer received a visit from former Red Ties Sotiris, Zion and Mohamed at the end of February to pick up their exam certificates. The boys were excited to be back and got to see their names on our honour roll. A callout for former students of EBA. Please join our Alumni Network (See details below)



Ernest Bevin Academy
The best in everyone™

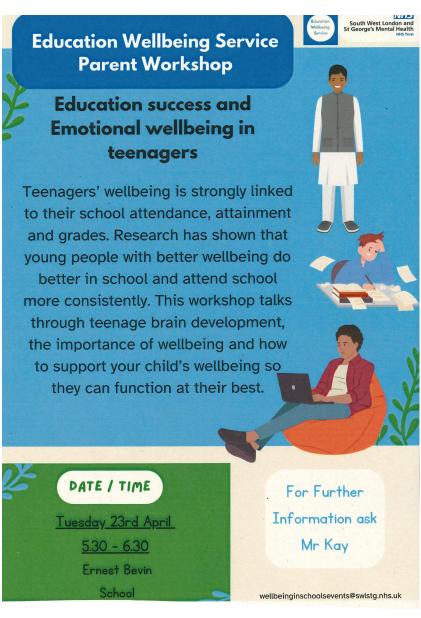
Well being

At the beginning of March we welcomed our new Place2Be counsellor, Martin Bailac. Mr Bailac will be working to support students with one-to-one sessions on Fridays. He is a highly qualified mental health therapist and spends the rest of the week working at the Tavistock NHS Trust.

Mr Bailac joins our team of mental health and wellbeing practitioners, with Vanessa Miller from the Wandsworth Education Wellbeing Service working with us on Tuesdays, and Ms Lozanao, our school counsellor, in school on Mondays, Wednesdays and Thursdays.

Ms Miller and colleagues from the Education Wellbeing Team have joined us on recent parents evenings to promote their services and to promote the workshop at Ernest Bevin Academy on Tuesday 23rd April from 5.30 to 6.30PM. Please come along for a discussion on educational success and emotional wellbeing in teenagers. Refreshments will be provided.





Student Support

4 Ways to Improve Mindfulness

by @inner_drive | www.innerdrive.co.uk

1 Build relationships with the people around you

Spend time with friends and family. Talking about your problems takes the weight off your shoulders and offers perspective.

2 Keep Learning

This helps you develop and grow. It gives a sense of achievement and facilitates the development of better coping skills.

3 Be Active

Release the stress that has accumulated during the day. Exercise is a great way to wind down and regain control.

4 Keep a diary

Writing down your thoughts and feelings helps you improve your self-awareness. It can also add a sense of closure and allows time for reflection.

6 Redsons to Put Your Phone Away



by @Inner_Drive www.innerdrive.co.uk



Lowers Concentration

Having your phone out while doing homework or revision has been shown to reduce performance by 20%.



Nobody is as happy as they seem on Facebook or as wise as they appear on Twitter.



Increases FOMO

Fear of Missing Out (FOMO), or the compulsive need to know what others are doing leads to worse moods and increased anxiety.



Reduces Memory

Instant messages are distracting, which often leads to forgetfulness



Increases Stress and Anxiety

Over use of mobile phones leads to increased anxiety, feelings of loneliness and low self-esteem. Reliance on mobile phones can cause irritation, frustration and impatience.



Makes You Sleep Worse

Prolonged use of a mobile phone leads to poor sleep quality and duration. The backlight on your phone delays the release of Melatonin, which is a hormone important for sleep.

Parent Notices



Parking Notice - Polite Reminder

We kindly request that you refrain from parking on the single yellow lines outside the school premises. We've received complaints from local residents about this issue and it is causing significant concerns. Not only does it inconvenience our neighbours, but it also poses a safety hazard by blocking emergency exits and impeding access to car parks. Your cooperation in adhering to parking regulations outside the school is greatly appreciated and will contribute to a safer and more considerate environment for everyone.

What is Good Attendance?



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|---|---|-------------------|
| V | 95% | 90% |
| | attendance | attendance |
| | 155 c-yao teorong | 1/cday-of earing |
| | 10 days absent | 20 days absent |
| | CONCERNING | |
| | Poor attendance makes it harder to make progress. | |
| | | |

| | 85% attendance 186 Asynchesing | 80% attendance | | |
|---|---|-------------------|--|--|
| | 29 days absent | 39 days absent | | |
| | SERIOUS CONCERN | | | |
| 1 | Very poor attendance Impacts education and achievement. | | | |
| | | | | |

PLEASE DONATE YOUR PRE-USED GOOD QUALITY UNIFORM UNIFORM DRIVE ONLY O

Pre-loved Uniform Wanted

If you are having a clear out over the holidays, please can you donate any good quality clean outgrown uniform via the collection drum in reception or ask your son to bring the uniform items into the main office. We are keen to help families and the environment by finding homes for outgrown uniform.

Everything from ties to PE tops are welcome! We are particularly keen for large trousers.

Community Notices

If you have a community notice that you would like us promote, please email mail@ermestbevinacademy.org.uk for details.



uniforms and free activities and lunches during school holidays.

Visit the Cost of Living Hub for details.





Food Waste Collections

Wandsworth council is introducing food waste and small electrical collections for most households as part of our Cleaner Borough Plan.

We are also rolling out new, more efficient vehicles that run on hydrotreated vegetable oil, delivering up to 90 per cent reduction in carbon emissions, and increasing the number of vehicles we have that will collect your recycling. Together we can increase recycling rates, protect the environment and create a cleaner borough.

FREE food waste collections - from 10 June

Food waste collections will start on Monday 10 June on your usual collection day. All residents that have enough space at the front of their home, e.g. a front garden or driveway will get the new service.

Between 8 April and 7 June food waste caddies will be delivered to all eligible households, with flats getting the service later in the year.

You can start putting food waste into your new caddies from 3 June, but not more than seven days before your usual collection day. If your normal collection day is Monday 10 June, start using your food waste caddies from Monday 3 June. If it's Friday 14 June, start from Friday 7 June.

FREE small electrical collections - from 10 June

From Monday 10 June, residents will also be able to put small electricals out for collection, next to their rubbish and recycling. This includes anything with a plug, battery or cable up to the size of a two-slice toaster, electric kettle or a small coffee maker, but not any larger.

















Garden waste collections remain the same: you can still put up to five black bags of garden waste out for collection every week on collection day.

FOOD WASTE

Collections start
Monday 10 June
on your usual
collection day



WELCOME TO THE ADVANCED TRAINING FOOTBALL CAMP

Date & Time: 2nd-5th April 2024 3-5pm

> Location: Clapham Junction, Battersea

AGE 14-18

- +FA QUALIFIED
- +ATHLETE DEVELOPMENT WORKSHOPS
- + AGENCY REPRESENTATION ADVICE



FOR MORE INFO: contact sansports@ gmail.com 07449 777274 BEFORE 31/03/2024

Are you ready for Voter ID?

On May 2 Londoners will be voting for a new Mayor, with a General Election also on the horizon.

New Government rules mean you must now bring photo ID when voting in person.

Photo ID includes (but is not limited to) the following: photocard driving licence, passport, Oyster 60+ card, Freedom Pass, older person's or disabled person's bus pass, blue badge. They must be originals, not copies.

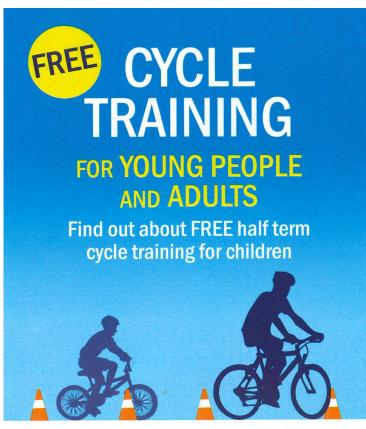
If you do not have any of these, you can apply for a free Voter Authority Certificate (VAC) by 5pm on 24 April .

See a full list of acceptable ID, plus details on how to apply for a VAC at **gov.uk/voting-photo-id.**

You will receive a booklet through your door from London Elects which includes a list of all candidates standing for the Mayoral election, minimanifestos and information on how to vote, including Voter ID.

Full details on how to vote in Wandsworth, how to register to vote and voter ID, are also available on the council website at **wandworth.gov.uk/vote.** If you have any questions or concerns you can call **(020) 8871 6023.**













London Youth Games 2024



TEAM WANDSWORTH



Trial 1

Date: Monday 25th March

Time: 5:30pm - 7:30pm

Venue: Battersea Sports Centre, SW11 2DA

Trial 2

Date: Wednesday 17th April

Time: 6:15pm - 7:15pm

Venue: Ernest Bevin School, SW17 7DF

Please attend both trial sessions.



Boys Basketball Trials!

Under 16's

To sign up, visit our website: https://enablelc.org/lyg or scan the QR code!! Contact us: 020 3959 0030 | lyg@enablelc.org



Our 1-hour virtual open evening for parents & carers...

CLICK HERE >> TO BOOK YOUR PLACE

Did you know that the British creative industries are booming? We can help your child to find creative career opportunities and feel inspired to go after them!

Together with Discover! Creative Careers Week 2024, 18th – 22nd November, we will be delivering a week of FREE virtual sessions to state schools and colleges – including face-to-face opportunities in some regions – to showcase careers in creative tech, film, animation, design, music, fashion, publishing, architecture, crafts, heritage, museums, galleries and more!

Young people will be able to access 3-5-hour insight days and longer work experience placements, 1-hour industry spotlight career talks and inspirational talks with speakers – all advertised on the Speakers for Schools website.

Join us to find out more...

The Discover! Creative Careers 2023 – 2025 programme is funded by the Department for Culture, Media and Sport with additional support from Arts Council England





Supported using public funding by ARTS COUNCIL ENGLAND



get set

Preparing for Adulthood

An event for parents, carers, families, schools and young people with Special Educational Needs and Disabilities

FIND OUT WHAT SUPPORT **IS AVAILABLE** FOR OVER 14s!

> **TRAINING** HOUSING **EMPLOYMENT EDUCATION ACTIVITIES HEALTH**

As a parent, it was great to speak to the providers most relevant to us!

> Lunch and refreshments

As a service provider, it was a perfect forum to promote our latest **SEND offer!**

on the day



Services



2024



Scan for more details

